



# THE LINK NEWSLETTER

TRINITY PRESBYTERIAN

April 2011



## *From the Pastor...*

Dear friends,

On March 11, the nation of Japan was devastated by a 9.0 earthquake, a tsunami, and a nuclear catastrophe. In response, our denominational leaders issued the following call to prayer:

*“As a heart longs for flowing streams, so longs my soul for thee, O God” (Ps. 42:1).*

The Psalmist’s words of lament resonate deeply during this season of Lent, but especially this day as we witness the destruction from the devastating earthquake and resulting tsunami in Japan.

The magnitude of this kind of tragedy is difficult to grasp. Yet, our faith leads us to affirm that in even greater measure is the presence of God in the midst of the devastation.

Please join us in praying for those affected by these events – the victims and their families, those who wait for word from loved ones, those offering aid and comfort now and in the days and weeks to come, civic and national leaders, and faith communities in Japan that offer hope in a seemingly hopeless time.

The Psalmist’s final words are, *“Why are you cast down, O my soul, and why are you disquieted within me? Hope in God, for I shall again praise God, my help and my God” (Ps. 42:11).*

May it be so.

Cynthia Bolbach, *Moderator of the 219th General Assembly (2010)*

Gradye Parsons, *Stated Clerk of the General Assembly*

Linda Valentine, *Executive Director of the General Assembly Mission Council*

Certainly these are difficult days for many around the world, not only those in Japan, but those in Christchurch, New Zealand, also recent earthquake victims; those in the Middle East and North Africa whose nations have experienced political turmoil in apparent democratic uprisings in recent months, and the international forces now engaged with them; and continued economic struggles for many families who struggle here in our own neighborhoods. It seems like an appropriate time for a call to prayer and for us to all the more boldly let our requests be made known to God.

Grace and peace,  
Maggie Beamguard



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## **Church Announcements.**

### **Community and World Service Committee**

Spring has arrived, and the Community and World Service committee wants you to know of several opportunities to celebrate the season with Trinity family and friends.

*April 13 – Presentation on the Center for Development in Central America.* Sarah Junkin Woodard will be at Trinity with handmade crafts for sale to benefit the CDCA. Bring a potluck dish, and hear about the CDCA's work in Nicaragua.

*April 16 – Piedmont Earth Fair Day at the Dixie Classic Fair Grounds.* Come enjoy exhibits, demonstrations on "green" topics, children's programs, live music, all-natural food and drinks, and much more.

*Bolton Park Flower beds.* It will soon be time to plant flowers again at Bolton Park. Flowers will arrive in a few weeks. Let Carol Kayler or Alice Scott know if you would like to help plant and/or maintain the flower beds.

### **Worship Committee**

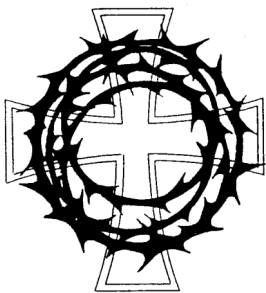
A new book, *Same Kind of Different as Me*, has been selected for the quarterly book study. Discussion of the book will be Wednesday, May 18, at 6:00 p.m. Copies may be ordered online or purchased at local bookstores. A copy is also available in the church library. Come join us for relaxed, insightful, and spiritual discussion!

Maggie continues with her sermons on all parts of our worship service: upcoming topics include Baptism, the Lord's Supper, Prayers for the People, Offering, Prayer of Thanksgiving/Doxology, and Charge and Blessing. In Maggie's absence on April 3, Dianna Wright will be preaching and administering communion.

Based on the goals set during the Session Retreat in January, the Worship Committee decided the two goals for its focus this year are:

- Be a place where others in our community would want to come
- Be a spiritual leader in the community

To address these goals the committee is discussing/planning ways to include children during communion, to have a healing service and a Taize service. Our next meeting night will be Tuesday, April 19, at 7:00 p.m.—please consider joining us!



### ***Holy Week and Easter Observances***

**April 17**

#### **Palm Sunday**

*The children's and adult choirs will provide special music, and the Passion story will be read during the service.*

**April 21**

#### **Maundy Thursday**

*A service with the observance of the Lord's Supper will begin at 6:30 p.m. The sanctuary will be emptied of all worship elements at the end of the service until Easter morning.*

**April 24**

#### **Easter Sunday**

*As the service begins, the sanctuary will be adorned with our elements of worship. The children will dress the cross with flowers (you are invited to bring flowers for this purpose). Special music will be provided by the choirs. The One Great Hour of Sharing offering will be collected.*

## Stewardship Education Committee

### ONE GREAT HOUR OF SHARING

One Great Hour of Sharing (OGHS) began more than 60 years ago – about the same time that CROP (originally Church Rural Overseas Program) was started. Both were a response to the devastation of WWII in Europe and Asia. A nationwide Saturday evening radio broadcast asked Americans to give generously the next morning in their churches. A remarkable variety of national leaders and celebrities gave their efforts to the broadcast. On Sunday morning 75,000 churches responded.

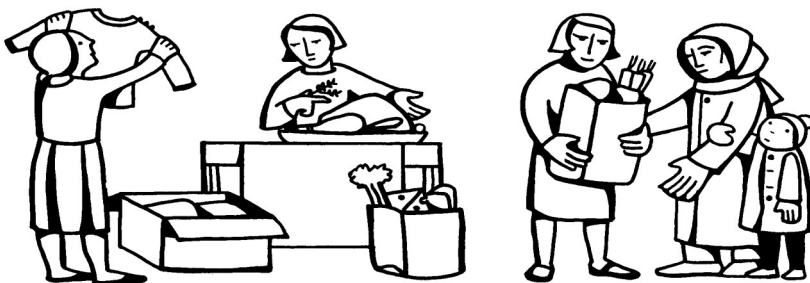
OGHS is an ecumenical effort of many denominations. Each denomination gives a portion of the amount individual churches receive to Church World Service. The remaining amount is used for denomination programs.

The Presbyterian Church (USA) gives 32% to Self-Development of People (SDOP), 32% to Presbyterian Disaster Assistance (PDA), and 36% to Presbyterian Hunger Program (PHP).

You will have the opportunity to participate in One Great Hour of Sharing through a special offering to be received on Easter Sunday morning. If you forget your OGHS offering or are out of town on Easter, you can bring the offering to the May 1 worship service.

After the Haiti earthquake, Presbyterian Disaster Assistance and Presbyterian Hunger Program provided indigenous seeds and grain and tools for thousands of Haitian farmers to grow enough food for hundreds of thousands of displaced Haitians.

On March 16, 2011, PDA sent \$100,000 of One Great Hour funds to their partner, Church World Service, in Japan. The initial response focused on covering the basic needs of 250,000 people in 100 evacuation sites in northeastern Japan: ready-to-eat food, sanitation supplies, water, blankets, batteries, and gas.



*What soever you do to the least of my brothers, that you do unto me.*

The Self-Development of People partnered with community leaders in Detroit to use vacant lots to cooperatively grow food and to provide a base for long-term sustainable income and community redevelopment. Food items not consumed by members are sold to area mom-and-pop stores and to community eateries.

In one hour on Easter Sunday morning YOU CAN MAKE A DIFFERENCE in the lives of others in the USA and around the world. What a fitting way to celebrate the Resurrection!

### **Building and Grounds Committee**

The Building and Grounds Committee is addressing several areas this year. The committee met on March 15 to coordinate the following projects:

- 1) Church parking
- 2) Water seepage in the basement of the fellowship hall
- 3) Replacing the windows in the basement of the sanctuary
- 4) Spot painting in the fellowship hall
- 5) Heating imbalance issues in the church offices
- 6) Outside lawn and gardening upkeep

The committee also met with the Christian Education Committee co-chairs and discussed the following:

- 1) Child-proof the sanctuary banister
- 2) Classroom mural painting
- 3) Bathroom renovations
- 4) Water fountain repair
- 5) Replace classroom carpet
- 6) Overhaul nursery and classroom
- 7) Update children's toys
- 8) Upgrade/replace youth classroom furniture in sanctuary and fellowship hall
- 9) Scene painting in fellowship hall classroom
- 10) Creation murals in hall under fellowship hall
- 11) White board in the science class
- 12) Repaint where needed
- 13) Large round table for science class
- 14) Decorate locking cabinets for art supplies
- 15) Class amphitheater in drama classroom
- 16) Buy locking cabinets for both classrooms

If there are any church members who would like to have fun and work with us on any of these projects, please contact Dan Sheets 409-0430, Deb Patton 413-8361, or Kevin Zuidema 945-4357.

The Building and Grounds Committee is planning a spring workday to be held in May. Look for date and time to be announced in future copies of the LTS and bulletin, as well as the May LINK.

The committee is also working with the Christian Education Committee to renovate and upgrade several Sunday School rooms to make the rooms more attractive to the children. They will be decorated to coincide with the themes of the Sunday School curriculum. We would love to have as many helping hands as possible. Please contact Dan Sheets, Deb Patton, or Kevin Zuidema if you are able and willing to help.



## You're Invited!

Wednesday, April 13

5:45 p.m. Craft Show and Sale

6:00 p.m. Potluck Dinner

6:30 p.m. Presentation by Sarah Junkin Woodard

It has been a challenging year for the CDCA. Without the gifts and support of Trinity members and others, the Center would have been hard pressed to continue many of its projects. Come shop, dine, and hear what the Center has accomplished this year and how you can help carry on its amazing work.



Since 1982, Susan G. Komen for the Cure has been raising money and awareness for breast cancer. The biggest fund raiser has been the Komen Race for the Cure, and this year Gail Williams will be participating in that event on May 7 as captain for a local not-for-profit team, Professional Women of Winston-Salem. 75% of the net proceeds fund local breast health programs, including education, screening, and treatment support. Gail will be in the Fellowship Hall collecting donations after church several Sundays in April. Please give generously. Thank you!



### The Shepherd's Center of Winston-Salem 24th Annual Used Book Sale

The Shepherd's Center of Winston-Salem will hold its 24th Annual Used Book Sale on Thursday, April 28 and Friday, April 29 from 9:00 a.m. to 9:00 p.m., and on Saturday, April 30 from 8:00 a.m. to 1:00 p.m.

The sale will be held in the Education Building at the Dixie Classic Fairgrounds. Entrance for parking is through Gate 5 from Deacon Blvd. There is no admission, and there will be thousands of used books and other items for sale at exceptional prices.

The Shepherd's Center provides programs and services for older adults in our community. For more information, call 748-0217 or visit [www.shepherdscenter.org](http://www.shepherdscenter.org).

### Personal Medical Information Organization Workshop Sunday, April 3 at 4:00 p.m.

Margo Corbett has survived three medical mistakes and developed a program to help us be savvy patients. She uses her expertise in medical technology, storytelling, and total quality management, along with her experiences as a patient, to show us how to achieve better results when dealing with the medical system. Her mission is to help patients and caregivers learn how to obtain the best health care, prevent medical errors, and cut health care costs. She maintains that our doctors need our help. She will teach us to collect our medical information, connect our symptoms, medications, and diseases, and then ask the right questions of our health care providers.

Join us in the Fellowship Hall on Sunday, April 3 at 4:00 p.m.

## HEALTHWATCH

*Sue Baker, Parish Nurse*

More than 26 million American adults have chronic kidney disease (CKD) but most don't realize it. Most of us hear about "kidney disease" when someone is thinking about dialysis, but did you know that there are actually five stages of the disease? Kidney disease causes problems with the heart and blood vessels and leads to premature death. However early detection and treatment prevents progression of the disease. Some symptoms of CKD are:

- Feeling less energetic
- Having trouble thinking
- Poor appetite
- Trouble sleeping
- Dry, itchy skin
- Muscle cramping at night
- Swollen feet and ankles
- Puffiness around the eyes, especially in the morning
- Need to urinate more often, especially at night



Some people are more at risk for developing CKD. If you have diabetes, high blood pressure, heart or blood vessel problems, a family history of CKD, are older than 64 years, or a member of an ethnic group, you should be extra careful. If you are at increased risk, be sure to exercise and maintain a normal weight. This may help to prevent high blood pressure and diabetes which may lead to CKD. You will want to have frequent blood pressure checks and to ask the doctor about having your urine tested for protein and your blood tested for creatinine.

Being aware of the risk factors and screening protocols can lead to more control and a better life. For more information, consult Sue, your health care provider, or the National Kidney Foundation.

Source: National Kidney Foundation



***Please remember the following people in your prayers:***

Helen Trunick

Olive Brewer

Kim Bachman

Clark Johnson

Tom and Linda Hedgecock

All our troops and their families

All those recovering from worldwide natural disasters

Anne Maddrey

Sallie Heald

Katherine Sobie

Vi Brady

John Anderson

Marian Hartness

Pat Stewart

Mark Brady

Andrew Goldfaden

Stella Cann

(Vi Brady's sister)



## Community Bulletin Board

### VIOLIN RECITALS

The violin students who have their lessons at Trinity Presbyterian are planning their spring recitals and are inviting the congregation. Their recital times are:

April 10 at 2:00 p.m.

May 22 at 2:00 p.m.

Please plan to attend, as they enjoy sharing their music.



### PLANET PARTY 2011

April 16, 2011

Looking for an event the whole family can attend and enjoy? The annual Piedmont Earth Day Fair will be at the Dixie Classic Fairgrounds April 16 from 10:00 a.m.—5:00 p.m. There will be a full day of entertainment on the main stage, a variety of all-natural foods, and children's activities. More than 100 exhibitors will demonstrate the sustainable features of their products and services.

The fair will be a model of sustainability. Its Zero Waste Challenge will generate little-to-no landfill waste. Come join the celebration of Earth Day, begun more than 40 years ago, and learn ways to be good stewards of our environment. Parking is free.

### Crisis Control Ministry



*Feed the hungry*

Trinity has been asked to donate applesauce this month to help those who visit their food pantry. Other items that are always needed are: dry beans, laundry detergent, dish detergent, shampoo, deodorant

### Moses Basket

Items for April are **baby toys, rattles, and teethers.**



**Moses Basket**

## TRINITY'S APRIL 2011 CALENDAR

April 3	Communion Sunday with Guest Preacher, Dr. Dianna Wright
April 3	Health Program with Margo Corbett, 4:00 p.m.
April 5	Frances Dyer Circle, Presbyterian Women, 5:30 p.m.
April 6	Knitting Fellowship, 2:00 p.m. in the library
April 6	Bell Choir 5:30 p.m., Voice Choir 6:30 p.m.
April 9	Presbytery
April 10	Blood Pressure Sunday
April 10	Session Meeting, 7:00 p.m.
April 13	Mission Speaker, Sarah Junkin Woodard, and Potluck Supper 5:45 p.m.
April 17	Hunger Offering
April 17	Children's Choir Performs 11:00 a.m. Service
April 17	Reading of Passion narrative 11:00 a.m. Service
April 19	Committee Night 5:30 p.m.
April 20	Knitting Fellowship 2:00 p.m. in the library
April 20	Bell Choir 6:30 p.m., Voice Choir 7:30 p.m.
April 21	Maundy Thursday Service 6:30 p.m.
April 23	Easter Festival 10:30 a.m.—12:00 p.m.
April 24	Easter Sunday, bring One Great Hour of Sharing offering

### Stewardship Report

#### Treasurer's Report for February 2011

	February	YTD
Income	\$ 9,908.60	\$ 23,426.80
Expenses	\$ 12,941.96	\$ 24,304.42
Pledges Budget YTD		\$ 25,850.67
Actual Pledges Received		\$ 21,931.80
Difference		\$ (3,918.87)

### SUPPORT, ADVOCACY, AND EDUCATION GROUPS THAT MEET AT TRINITY PRESBYTERIAN CHURCH (UNLESS OTHERWISE NOTED)

<b>Tolerance AA Groups</b>	Tuesday, Thursday, and Friday, 6:00 to 7:00 p.m., Saturday, 10:00 to 11:00 a.m.
<b>P-FLAG</b>	4 <sup>th</sup> Monday, 7:30 p.m. <u>P</u> arents, <u>F</u> riends & <u>F</u> amilies of <u>L</u> esbians & <u>G</u> ays meets at St. Anne's Episcopal Church on 2690 Fairlawn Drive.



## April Birthdays And Anniversaries



### Happy Birthday to:

Liz Poehling	April 1
Ann Williams	April 1
Fred Woitineck	April 2
Olive Brewer	April 3
Susan Douglas	April 3
Alex Krebs	April 7
Wilson Parker	April 10
Maria Diekema-Zuidema	April 11
Ann Shoffner	April 12
Paul Spedding	April 14
Harry Rolison	April 17
Scott Harper	April 20
David Johnson	April 20
John Stewart	April 20
Linda Hedgecock	April 24

### Happy Anniversary to:

Bill and Ursula Raiford	April 5
Scott and Susan Douglas	April 14
Will and Deb Patton	April 24

If your birthday/anniversary was left out, please contact the church office, so we include it in our celebration list.

## Committee Night April Meeting will be April 19

### 5:30 p.m.

Building & Grounds  
Church Life & Outreach  
Stewardship Education  
Christian Education

### 6:30 p.m.

Dinner & Devotion

### 7:30 p.m.

Personnel & Finance  
Worship & Spiritual Growth  
Community & World Service

## April Worship Servers

Door Greeters - TBA weekly

Head Usher - Deb Patton

Communion Elders - Deb Patton

Liz Poehling

Bill Raiford

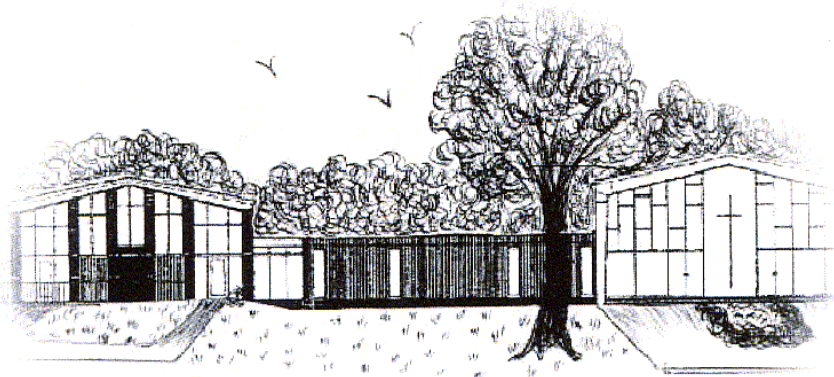
Alice Scott

Dan Sheets

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*Trinity Presbyterian Church  
is committed to being an inclusive,  
nurturing church family of loving, caring,  
and supporting members, glorifying God,  
sharing the good news of Jesus Christ*



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Rev. Maggie Frampton Beamguard, Pastor  
Rev. Dr. Al Winn, Parish Assoc. Emeritus  
Sue Baker, Parish Nurse  
Peggy Jenks, Music Director  
Kim Young, Church Secretary